Double-knit Scarf

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Abbreviations

CC  contrast colour.
MC  main colour.
k  knit.
p  purl.
st(s)  stitch(es).

DK  double-knit (k1 p1 in opposite colours, first stitch will be specified).

Getting Started

Throughout, MC will refer to white, CC to black (in diagrams and the finished article). Using waste yarn, make a provisional cast-on, for 49 sts. Using MC, k 1 row and p 1 row. Change to CC, and k 1 row, p 1 row. Pull out provisional and rearrange stitches so that the first (where the yarn tail is currently) is in CC, and they alternate thereafter. DK 1 row in CC. Should end with MC (white) facing.

Pattern

Work patterns in order given below, when MC is facing, then a white square is DK 1 MC (i.e. k 1 white, p 1 black) and a black square is DK 1 CC (i.e. k 1 black, p 1 white). When CC is facing, these are reversed.

Patterns are repeated to cover the width of the scarf, the repeat is delineated from the edge pattern by pink squares. For example, Pattern B begin at the bottom row pink square, knit across to the edge of the pattern, then repeat all of the pattern except for the pink squares. Also, pattern X' is pattern X, but with the rows knit in opposite order (top row first and down). Otherwise begin at the bottom and work up.

Pattern: A B A' C D E D' C A B A' C D E D' C A B A'.
Figure 1: Pattern A.

Figure 2: Pattern B.
Figure 3: Pattern C.
Figure 4: Pattern D.

Figure 5: Pattern E.
Finishing

After last pattern, should have MC facing. DK 1 row in MC. With CC k 1 row on facing sts only, placing every second (all of the MC sts) onto a holder. Still in CC, p 1 row, k 1 row change to MC. With MC, p 1 row. Weave in ends, and then use kitchener stitch (in MC) to close off the scarf. Weave in last end so that it doesn’t show through to the front.